



## Monday Night Scuba

Are you a certified scuba diver? If you are, you will be interested in Farmingdale Aquatic Center's Monday Night Scuba program. Every diver wants to keep their Scuba skills at their very best. Living on Long Island, with the diving season as short as it is, it can be difficult to keep Scuba skills sharp. Getting into a pool for practice is a great way to keep you skills up. Certified divers can get that pool time in the brand new Farmingdale Aquatic Center.

These 2 hour pool sessions are an ideal way to keep your skills up-to-date and be ready for your next Scuba diving adventure. The facility, which is new, is 8 lanes wide and has a 15 foot deep section. This setup is great for practicing skills, trying out new equipment, working with your dive buddy, the lists goes on and on...

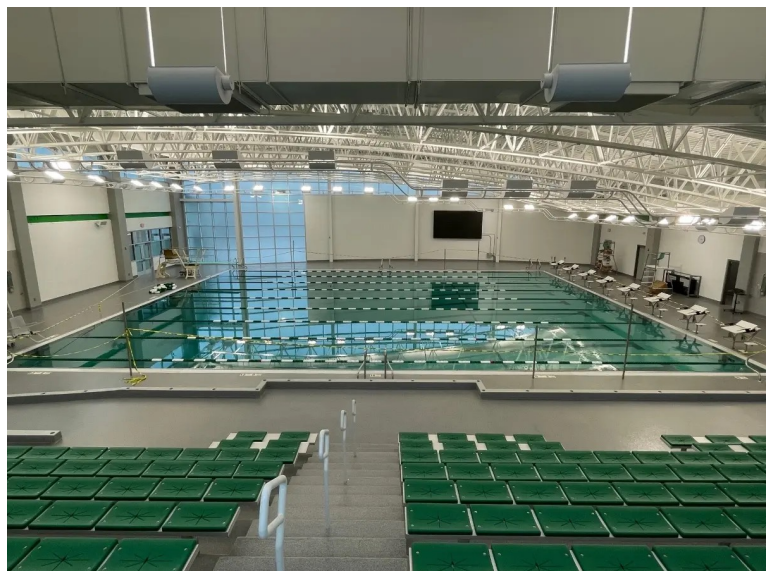
If you do not own all needed equipment, you can rent what you need from your local dive shop, or through special arrangements with Tiedemann's Diving Center of Levittown.

**Make sure all your skills are perfect by practicing in the pool.  
Then your dives will be more fun and safer.**

Are you a Scuba Instructor? If you are you can use this facility to teach. The rules are simple. You need to be current with your agency. Each person in your group must be registered (you, your student(s), and any assistants you may have). Farmingdale needs to be listed as an Additional Insured on your instructor liability insurance. Contact Ed at Tiedemann's Diving Center for more details. You can even work out rental equipment for your students.

The sessions will take place on Monday evenings, from 7:30 PM to 9:30 PM. To participate you must have a nationally recognized scuba certification. The level of certification must be Open Water Diver or higher. Use of any highly specialized equipment, (like a dry suits, full face masks, rebreathers), requires certification in that area. If you are a student you must be with your instructor at all times in the water. Anyone under the age of 18 year must have a parent with them in the pool area.

Has it been some time since you have been diving? We can make arrangements for a Scuba Update on your first pool session. Then you have two more sessions to practice.





The amazing thing about this program is cost is only \$100 per diver, for the three night session. This makes it very affordable. Each of the sessions includes three pool sessions. Four separate sessions will be offer in the Spring 2024. Current dates are below. The number of participants is very limited. Make Monday Night Scuba a great way for you to enjoy your Scuba Diving year round.

Signing up could not be simpler. Contact Ed Tiedemann at Tiedemann's Diving Center and he can sign you up in person at the shop or over the phone. If you want to contact Farmingdale directly 516-434-5316. Take note that if you sign up via the Farmingdale website there is a \$6 fee for each person signing up.

Tiedemann's Diving Center \* 56 Gardeners Ave \* Levittown, NY  
11756 \* 516-796-6560 \* [www.TDCScuba.com](http://www.TDCScuba.com)

The upcoming sessions are:

February 26, March 4, and 11

March 18, 25, and April 1

April 8, 15, and 22

April 29, May 6, and 13